



INSPIRATORY MUSCLE TRAINING WORKSHOP

Do you work with individuals with breathlessness?

Are you interested to know the evidence behind Inspiratory Muscle Training? Would you like to know how to incorporate IMT into your practice? In this 3-hour workshop we will review the research supporting IMT in a variety of conditions, with a focus on respiratory health. The benefits are there, but how do we turn knowledge into practice? This workshop will cover that and more! \$175+gst.



**Learn about
Inspiratory Muscle
Training**

**Ideal for RT's and
PT's working in Lung
Health**

**Evidence-based
treatment option**

**Course includes your
own IMT device**

**Limited to 8
participants!**

BREATHE WELL PHYSIO

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May 9th; 6-9pm